

WORLD ELDER ABUSE AWARENESS DAY

10 TIPS TO PROMOTE RESPECT AND PREVENT ABUSE

- 1 Love and cherish your older relatives / whānau.
- 2 Speak respectfully to older people / kaumātua.
- 3 Include older people / kaumātua in your social activities.
- 4 Phone or visit your older relatives / whānau
- 5 Support older people / kaumātua to spend their money how they wish.
- 6 Encourage and support older people / kaumātua to make their own decisions.
- 7 Honour older people's / kaumātua's wisdom.
- 8 Enable older people / kaumātua to set their own pace.
- 9 Respect older people's / kaumātua's stories.
- 10 Seek advice from an Elder Abuse and Neglect Prevention Service when you think an older person / kaumātua is being abused or neglected



**ELDER ABUSE
HITS CLOSE TO HOME**

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**World Elder Abuse
Awareness Day
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Serving the needs of older people