

Election 2020

Many of you will have already voted, and for those who receive the newsletter by post, the election results may have been done and dusted. For those who still have time to get an early vote in and avoid the rush on election day, here are the early voting venues.

The Electoral Commission has put processes in place to keep everyone safe, even if there is a change in alert levels.



VOTING → **ADVANCE VOTING PLACES ROTORUA**

VOTE FROM 3RD OCTOBER - 17TH OCTOBER

REDWOODS SHOPPING CENTRE
SAT 3 OCT - SUN 11 OCT | 10AM - 4PM
MON 12 OCT - FRI 16 OCT | 10AM - 5PM
SAT 17 OCT | 9AM - 7PM

NGONGOTAHA COMMUNITY HALL
SAT 3 OCT - SUN 11 OCT | 10AM - 4PM
MON 12 OCT - FRI 16 OCT | 10AM - 4PM
SAT 17 OCT | 9AM - 7PM

ROTORUA CENTRAL MALL
SAT 3 OCT - SUN 11 OCT | 10AM - 4PM
MON 12 OCT - FRI 16 OCT | 9AM - 5PM
SAT 17 OCT | 9AM - 7PM

TE MANAWA | 1271 TUTANEKAI STREET
SAT 3 OCT - FRI 16 OCT | 10AM - 4PM
SAT 17 OCT | 9AM - 7PM

There will be pens available, but it could be a good idea to bring your own. Hand sanitizer will be available and larger venues have been selected to allow more space.

Voting will end at 7pm on Saturday 17th October.

Trouble with Transport?

If you are unable to get to an advance voting venue this week, please give us a call: **347 1539** and we may be able to help.



The weather may not be spring-like but the city gardens have been stunning. Worth a trip to town just for a look.

Manager

Rory O'Rourke

manager@acrotorua.nz

Accredited Visiting Services (AVS) Coordinator

Sue White

sue@acrotorua.nz

Shopping Service Coordinator

Jody Langdon

shop@acrotorua.nz

Administration

Lyn Rasmussen

admin@acrotorua.nz

Office Hours

Tuesday to Thursday from 9.00am to 2.00pm

A Word from the Manager



Lots happening at Age Concern

Lots of fabulous events are happening at Age Concern between now and Christmas so keep yourself informed through newsletters, our Facebook page and our website.

Positive Ageing Expo postponed

Unfortunately, we had to make the decision to postpone the Positive Ageing Expo for a second time this year. We made the decision in light of the fact that we have been having a lot of difficulty encouraging our members to get out and about. Our

thoughts are at present that we will have the Expo later in 2021 to coincide with the International Day of the Older Person which is in October. Unfortunately, we have had numerous event opportunities which we have had to cancel or modify.

International Day of the Older Person & a Mock Election

A case in point was our International Day of the Older Person celebration for 2020 which was to be at the Princes Gate for a high tea for 80 people. This was scaled down to a coffee and muffin at the Social Club. It was great to see the people who did attend and we had spot prizes and a mock General Election. The people who attended were all over 65 and the results were interesting.

Results of the mock election: Party Vote National 46%, Labour 49%, ACT 2%, NZ First 2%, others 1%. Local elections: Todd McClay 50%, Clair Mahon 48%, Peter Kirkwood, 1%, Fletcher Tabuteau 1%, Referendum Cannabis, Yes 25%, No 75%, End of Life, Yes 48%, No 52%. It will be interesting to see how this pans out on the night of the election.

Move to Parksyde

We are moving to Parksyde probably in early November. Age Concern has been in our present position since the 1980's. During that time we have accumulated a lot of 'stuff' so we are up for a big clean out. We might be looking for some help on the actual moving week. The move to Parksyde has been in the pipeline for several years and is finally going to happen as the first stage of a wider picture being the development of a Whole of Life Hub for the Elderly. This Hub will hopefully house most of the organisations that deal with the elderly and will become a one stop shop for people to gather information about life after 65. Age Concern will be moving into the house beside Parksyde at 5 Tarewa Place which is being renovated at present ready for the move. This is an exciting development for the elderly of Rotorua and we look forward to creation of the Hub soon.

Out and Abouters and Social Connection Coordinator

Some other social connection activity which has had to be postponed has been our weekly Out and Abouters trips in our new minibus. We did however have trips to Maketu Seaside Café which was a great success, and the Tyburn Monastery which was quite amazing and a place you would not think of going to.

The position of Social Connection Coordinator has been advertised and we will be interviewing four ladies for the role. This is a position that is becoming more and more important as our elderly numbers grow and with it a greater need for people to be connected in some way or another

Sue White—AVS Co-Ordinator



A lovely taste of summer

It is the lovely month of October and we have had some glorious days giving us a taste of summer. I had a most glorious walk up high in the Redwood Forest on Monday and the view from up there was just amazing, reminding me of just how lucky we are to live in such a beautiful part of the country and the world. The warmer, sunnier weather certainly is uplifting and I really do hope that you are feeling the joy of the longer days and the promise of summer.

An informative workshop

Some of you attended the very informative workshop we held with Perpetual Guardian giving us some very useful guidance around Enduring Power of Attorney and Wills. The upshot of that was that I took advantage of their services and am now well sorted. At the same time my husband was doing some reading on a website www.sorted.org.nz which he found to be full of objective, impartial information around all sorts of aspects regarding managing our financial affairs. The information was easy to understand and we certainly benefited from accessing it. If you would like to find out more visit their local office at 1130 Pukaki St, ph. 921 7680 or email rotorua@pgtrust.co.nz

Did the Referendums get the tick of approval?

As you will read in this newsletter we have managed a few outings and meetings in spite of an ongoing reluctance for many of our members to head out and join in. Both our Maketu outing and the visit to the Tyeburn Monastery were most successful and we will be revisiting these places soon. Our celebration of “International Older Person’s Day” on 1 October at the Social Club was well attended. We were so busy enjoying ourselves that we don’t have a single photo to prove we were even there. However suffice to say there was lots of good chatter and we held a “mock election” which also was most interesting. So, Jacinda was the preferred PM and Todd the preferred local MP. Also neither the Euthanasia or the Legalise Cannabis referendums got the tick of approval. It will be interesting to compare this with the outcome of the Elections next Saturday. Advance Voting facilities are open already and we have a list of the Advance Voting Facilities in this newsletter. Until next time xx



Christmas Morning Tea—Wednesday 9 December 2020

Make sure you diarise our Christmas Morning Tea at Rotorua Bowling Club in the Government Gardens., 10:30am. It's always a fun morning and such a lovely way to end off the year. Keep an eye out for any updates.

Library to You—a book delivery service from the Rotorua Library

This free service is available for customers who are unable to visit the library to collect their own books. This includes but is not limited to:

- adults over 70
- People with a health condition
- Adults responsible for caring for an adult within the home

If you fit this criteria and would like this service please call (07) 348 4177 or email outreach@rotorualc.nz for more information.



Catching up with Jody Langdon



October is Christmas Cake Time!

I love October. Tui in the late Kowhai, cherry blossom in all their magnificence and the occasional glorious day to provide a hint of the summer to come. It also means Christmas cake day! Ever since my girls were little, we take a day close to Labour weekend and pull out the Christmas music, cancel school and work and spend the whole day making decorations, cakes, stirring in wishes and sealing with kisses.

A lavish recipe overflowing with fruit and quality booze

This is a new tradition for our family, my own mother to my memory only ever made one Christmas cake. It was made on Christmas Eve; it was one lonely packet of mixed fruit and a sponge recipe. At the time I thought it amazing, I remember thinking how clever Mum was. My own recipe is utterly lavish and has

matured over the years, with not a bag of fruit mix in sight. It overflows with brightly coloured dried tropical fruit, almost like a slice of stained glass. Containing a quality bottle of something special, the best demerara sugar and a controversial ingredient for some... dark Belgium chocolate.



My cakes are pretty good, I normally give them to different people every year and never the same person twice. Are my cakes any special than the one my mother made? I am not so sure. My own children do not even enjoy eating Christmas Cake and I think they get excited for me as they know it makes me happy. I hope that one day their pretend excitement will wane and be taken over by actual excitement of the tradition.



Food traditions are the glue that binds

Food traditions are the glue that binds, those sparkly bits of magic that evoke special memories. They keep us connected to our past and plot a steady course for the future.

I guess the seed I am trying to plant is do not give up your traditions willingly, share them with people you meet as it quickly becomes others joy. If you do have a special family traditional recipe that you wish to share, consider sharing with me the recipe and the story that comes with it. Share the love.

Share the love



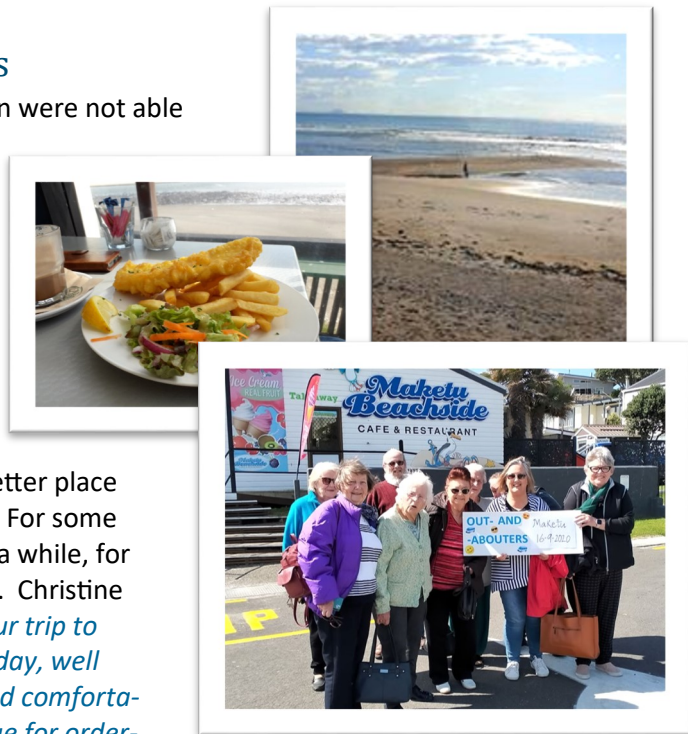
Out and About

There will be plenty of other chances

Sadly, some of the scheduled trips in the new van were not able to go ahead as we did not have sufficient numbers. But don't worry, there will be plenty of other chances! We'll include a regular schedule in the newsletter but if you can, make sure you check our Facebook page and/or website for updates.

All on Board for Maketu

We did get to Maketu and had a fantastic lunch of fish and chips; there surely can't be a better place to enjoy fish and chips than right beside the sea! For some folk, it was the first trip out of Rotorua for quite a while, for others, the first trip to the seaside in a long time. Christine (far right in the pic) sent this lovely message: *"Our trip to Maketu with the Out-and-Abouters was a great day, well organised by Lyn and Sue, The Van was lovely and comfortable, the cafe was busy but thanks to the lovely Sue for ordering ahead, we didn't have to wait. Lovely meeting new people and having lots of laughs, so thank you Sue and Lyn for an awesome day. Looking forward to many more."*



Tyburn Monastery

The other trip enjoyed by Out-and-Abouters was to Tyburn Monastery, at Ngakuru. This is what Tilly (in the red coat on the right) had to say: *"My first Age Concern Outing in the new minibus went to the Tyburn Monastery. The small group of us were welcomed with Morning Tea; the countryside sparkled in sunshine. The chapel and surrounding gardens were beautiful."*



Total Mobility Scheme

Age Concern is an accredited provider of Total Mobility, a nationwide scheme to **assist people with impairments to become more mobile** and active in the community. The Total Mobility Scheme provides discounted fares through approved taxi companies for eligible members who otherwise have no, or limited, access to public transport services.

Jody and Sue are accredited assessors and the process is very simple.

Cost

- \$25 for an assessor to visit you in your home
- \$20 for a telephone assessment

Please give us a call on **347 1539** to discuss your eligibility and options.



Newsletter costs

The ongoing cost of printing and posting newsletters is difficult to sustain. If you receive your newsletter by mail, please consider: a) opting out of receiving a newsletter; b) adding \$5 (or more if you choose) to your membership fee to contribute to the costs.

If you wish to opt out of receiving the newsletter please let us know by calling 347 1539. Many thanks to those who have already given a koha by way of extra funds or stamped, addressed envelopes. If you don't have email, perhaps a relative, friend or neighbour would consider downloading the newsletter for you.

Annual Membership due —June 2021

June 31 is the end of our financial year, and in future this is when all memberships will be renewed.

We are always on the lookout for new volunteers! If you would like to join the Age Concern Visiting Volunteer team and make regular visits to an older person who is lonely or socially isolated, please do get in touch: 347 1539

Annual Concert for the Time Honoured He Ngahau Koeke

Sunday 18th October, Rotorua Energy Events Centre

Afternoon tea served at 1pm followed by the concert at 2pm. Doors open at 12:30pm.

Preferential free tickets are available for rest homes and those organisations which care for the elderly and their caregivers. The remainder of the tickets will then be available to the general public from 9am 5th October.

Breakfast@Social Club

Meet for Breakfast on the last Monday of the month!

We've had great feedback for breakfast at the **Social Club**. "Great service" "Good food" "Good price" was just some of the feedback we received from our breakfasters.

No need to book or RSVP—just turn up!

Social Club has put together a **\$10 before 10am** menu. Also on offer is \$8 muffin (or toastie) and coffee.

When: Last Monday of each month

Time: 9:30—11:00am

Next dates: **October 26th;**
November 30th



COVID BOOKLET

Having trouble with the Covid app?

Keeping Covid-19 at bay still requires vigilance from us all. Contact tracing has proved to be very effective in managing the latest outbreaks, but it's not easy for everyone to manage the app. If you are having difficulty with the COVID app, the government has produced a booklet for manual entries. Each booklet covers

30 days. We have some in the office and they can also be obtained at

Covid19.govt.nz/
tracerbooklet

Remember, by staying home if you're sick, washing and drying your hands, keeping track of where you have been and wearing a face covering, you'll be doing your bit to keep our whānau and communities safe.



Intrepids

Join the Intrepids on City-Ride adventures. Get to know the local bus routes and the best coffee stops. Experience the freedom and different viewpoint of travelling by public transport-FREE!



When and Where:

Last Thursday of each month (except December) at the stop outside the library on Arawa St.

Upcoming dates:

Oct 29th -The Coffee Club,
Redwoods Shopping Centre

Meet at Arawa St: 9:55am

Return to Arawa St 12:10 or 12:40

Nov 26—Sequoia Eatery

Meet at 9:55am.

Return to Arawa St 12:30 or 12:40

Have you got your BEE card?

Load your SuperGold travel concession on to



a Bee Card. Alternatively, talk to family and see if they can associate your Bee Card to a family account.

In Rotorua, you can collect your Bee Card from the **BOP Regional Council Office** on the corner of Fenton and Pukaki Streets.



FIND US

5 Ti Street
Rotorua 3010

CONTACT US

Phone: 027 5494 260

Email: kiwicoffinclubct@gmail.com

Website: <https://kiwicoffinclub.co.nz>

Facebook: www.facebook.com/KiwiCoffinClub/



LIKE US

Wednesday 7am - 1:30pm or by arrangement

Join our SuperGold Card Skills Team

Are you a handyman/retired builder, plumber, electrician, bricklayer, gardener or similar who is able to undertake minor home repairs, gardening, hedge-clipping, lawnmowing etc in return for a modest fee?

Volunteers and people on our SuperGold Skills teams must be police vetted.

For more information, please give us a call on
347 1539 or email
admin@acrotorua.nz

Visiting Volunteers Please!

If you have an hour or so a week to spare, please consider volunteering for Age Concern. We are always looking for people to:

- Visit an older person
- Assist an older person with their grocery shopping

If you'd like to join our Volunteer Team, please call us on 347 1539 or email admin@acrotorua.nz

Studies have shown that doing something for others is the most effective way of alleviating loneliness, so taking on the role of a visiting volunteer is truly a win-win situation. We are always looking for volunteers to visit older members of our community. Feedback tells us that a visiting volunteer can make a positive difference to an older person experiencing social isolation. If you are interested in becoming a volunteer, please do give us a call 347 1539.

Compassionate Communities | Te Atawhai Aroha Rotorua

Death Cafe

When? 10am - 11.30am; third Wednesday of each month

September 23 | October 21 | November 25

Where? Abracadabra Café, 1263 Amohia St, Rotorua



This is an invitation to talk about death, dying and bereavement in an open, respectful, relaxed and confidential environment. It is a place where we can share stories and experiences and gain insights into death and dying with the view that these conversations will enhance our lives.

The agenda will form from what you bring.

The group will be facilitated by experienced facilitators.

No cost, just buy your own drink and refreshments. Bring a friend; all welcome.

Numbers are limited so **PLEASE REGISTER** with Kay:

021 977 972 | kayryan47@gmail.com

Create a Lasting Legacy

Have you considered leaving a bequest for Age Concern Rotorua in your will?

Your support will help us provide services now and into the future for older people in our community.

HAVE OUR SAY

If you are over 70, University of Auckland researchers would like you hear about your life during COVID-19.

"Since COVID-19 struck, we have heard a lot about older people—but we haven't heard much *from* older people. The over-70s tended to be lumped together and collectively characterised as passive and vulnerable." You can write whatever you want. www.haveoursay.org

Email to: letters@HaveOurSay.org, write to Have Our Say, c/- School of Nursing, University of Auckland, Pk100 Bag 92019, Auckland Mail Centre, Auckland 1142.

Keen on Board Games or Cards?



Join Denis and a small group of enthusiasts for a cuppa, companionship and some gentle competition!

Give Denis a call: 0272403222

"Change the world by being yourself."

— Amy Poehler



Next time you're in town pop in for great coffee and a delicious foodie treat!

Artisan Café
1149 Tutanekai St, Rotorua
348 0057

Age Concern Rotorua Council

Meet 5.30pm every 2nd Tuesday of the month at the Age Concern office, 1333 Eruera Street. These meetings are open to the public.

Council Members:

Glenys Searancke
(Chairperson)

Miranda Bell (Treasurer)

Gail Edwards (Councillor)

Jo-Anne La Grouw (Councillor)

Annette McLeod (Councillor)

Margaret Ridgway (Councillor)

Thank you so much to our sponsors!

ACNZ

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Tindall Foundation

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NZ Community Trust

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Rotorua Lakes Council

Rotorua Energy Charitable Trust

Rotorua Rotary

Rotorua Rotary Sunrise

Southern Trust

St Joan's Trust

Tindall Foundation

Working Together More Fund

Ray White Real Estate

Z Fenton



JOIN AGE CONCERN and enjoy these FREE GIFTS!

- Personal Alarm with torch—don't get caught out in the dark.
- Life Tube—Having a Life Tube on hand could save your life.

Join **NOW** for your telephone and Broadband and receive **\$50 your first month's bill and 5% of your regular payments will be donated to Age Concern** in Rotorua.



Your Membership will help us provide valuable services to older people in our community

Membership ☐ \$15 single ☐ \$20 Couple

If you are unable to receive a copy of the newsletter online, please consider a contribution towards cost of print and postage. I wish to contribute \$..... towards newsletter costs

I would like to donate \$..... to support Age Concern services in Rotorua.

Name Ph..... Date of birth

Address Email.....

PLEASE NOTE: We are unable to accept cheques and do not have EFTPOS. We can accept cash payments at the office or to pay online: 38-9012-0590627-00. NB: If you pay online, we will still need your contact details. Please call us or email this form to Age Concern, PO Box 1605, email admin@acrotorua.nz or drop it into 1333 Eruera St, Rotorua. You can also join online at <https://www.ageconcernrotorua.org.nz/>

Receipts are issued for every payment. Donations over \$5.00 are tax deductible. Our Charities Commission Number is CC2693. Age Concern: PO Box 1605 Rotorua 3040, 1333 Eruera Street, Rotorua, 07 347 1539.