

NEWSLETTER

Helping you stay connected

Office Hours
Tuesday - Thursday
9am - 2pm
Phone 07-347 1539



**5 Tarewa Place,
Rotorua**

Welcome 2024

Here we are again for another year!

We are all working hard to get some exciting things your way and pleased to be taking on new memberships each week. Rory has been working tirelessly on the tiny homes project, we appreciate all the hard work its taken to get these underway. There seems to be a hopeful light at the end of the tunnel.

Thank you to all the members that are waiting for these homes, we appreciate your patience and understanding.

Our staff take pride in the work we achieve and we truly value the support from our members and volunteers, we couldn't do this with out you.

Total mobility assessments are being processed again. These are becoming high in demand, so we ask that you phone and make a suitable appointment time. If you are not eligible for a taxi card we can fill out the application for a bus card.

Are you looking to buy a Mobility Scooter?

We have a contact for one that is for sale, in perfect condition. *If you are interested and need transport to view this please let our office know and see information and contact details in this newsletter.*

Manager
Rory O'Rourke
manager@acrotorua.nz

**Admin & Maintenance
Coordinator**
Kirsten Harman
admin@acrotorua.nz

Wellness Coordinator
Diana Walker
wellness@acrotorua.nz

**Visiting Service & Staying
Safe Coordinator**
Karyn Rogers
visiting@acrotorua.nz

**Shopping Service
Coordinator**
Katrece Lewis
coordinator@acrotorua.nz

Find us on 

<https://www.ageconcernrotorua.org.nz/>

Phone: 07 3471539

What's on with Age Concern..

Coffee Groups.

First Tuesday -venue to be confirmed.

Every Second Thursday - Meet at the Gondola

Phone the office to register your interest.

Staying Safe Course with Karyn

Next Course 7th March - Register with Karyn

phone 07 347 1539 or email visiting@acrotorua.nz

"Big Day Out" Garden Party

Thursday 29th Feb 11am - 1pm

See invite further on in this newsletter- Please rsvp your attendance.

Media Discussions Group

This group is member hosted, a friendly discussion and something different.

Venue may be variable please phone our office to register your interest.

Thursdays 10:30am - 12noon

Senior Net -Talking Tech on Tuesdays - Parksyde

Starts first Tuesday in April

Senior Net -Drop in Tech Thursdays.

Every Thursday 10am - 12noon

Drop into Age Concern Office for advice on your mobile phone, laptop and device. Bring this with you.

Bring a Koha to help support this service.

(Excluding 7th March this day is booked for the Beginners Basics class that follows)

Senior Net -Beginners Basics For Mobile Phone

"Get to know your phone"

Thursday 7th March 10am - 12noon

Held at Age Concern - please contact our office to register for this class.



Rory O'Rourke
Manager Age Concern Rotorua

A WORD FROM THE MANAGER

We are already a month down in the new year and we look forward to 2024 with enthusiasm and a degree of hope that all we plan for comes to fruition. Our Tiny Homes project has

dragged on and on and has lost a bit of its gloss and excitement, especially for the new home renters who have had to wait a whole year while we jump through hoops and over hurdles to get the result. We have a delivery date of the first week of February, so fingers and toes crossed.

While many people have been enjoying the balmy weather, the heat could be hard on elderly people. It can really exacerbate some health problems that are just made worse by heat-related things. So, for older people, it's just important that they find ways to keep cool. Keeping hydrated was key. Maybe just sipping water slowly through the day or having just some cool treats that are low in sugar but have got that high water content.

We have resigned the Deed of Lease with Parksyde so you will find us still here at Tarewa Place for a while yet. Just a reminder about some of the conditions around our lease. No parking on the grass and Parksyde are happy that you use the parks in the car park by the fence and gate that leads to our premises. This is for short term parking only and a reminder that Parksyde shuts at 3:00 pm and sometimes the gates are locked, although this should not be a problem as we close at 2:00 pm.

Our new Chairperson, taking over from the long serving Glenys Searancke, is Kath Henderson who was elected at the last Council meeting of last year. We wish Kath the very best for the future as she takes the helm of a charity that has its sights set firmly on the future of our elderly growing old in an environment that recognises the huge contribution they have made, and continue to make, to society. A huge thanks goes out to Glenys for the outstanding and unselfish work she has done for Age Concern over the years she has been on the Age Concern Council and latterly as the Chairperson. For my part Glenys has been a pleasure to work with and always supportive of new ideas and projects.

I am just gauging interest from couples or singles who might be considering downsizing (selling their home) and investing in a Tiny Homes in a small community with other elderly. I have been approached by people who belong to a group called Landshare who have land they are prepared to lease for just such projects. If you may be interested or have some land available, just send me an email on manager@acrotorua.nz

We have one of our Mobility Scooters returned so it is available for free loan for as long as it is useful to you. Generally, these scooters are not that affordable and therefore for some people out of reach so this an opportunity to use one while you have a change of circumstances, like you are unable to drive for a period. Obviously, there is a limit as to how long you can have it, but if you would like to be considered please drop me an email with your details and why you would like to be considered.

As usual my last thing is about CDs or vinyl records that you want to dispose of. I am happy to pay for the right ones so if you have any available just drop me an email.

**Kirsten Harman
Administration**

Maintenance Service Coordinator



The start of the year has fast approached us. As I get lost gazing at my calendar it's hard to believe how quickly these days are passing us by. The start of a new year serves an opportunity for many to set new goals and to commit to better habits. But what happens when energy and excitement after the ball drops or wears off, and how many New Year resolutions fail to come to fruition.

This was the first year I decided not to make a new year's resolution, these always fail me, why set yourself up to fail? I did however make a promise to myself to take more time for the things I enjoy. Life gets busy and as we age time goes faster, (well at least it feels this way), I find in my spare time completing housework or checking off my to do list! I have decided to try prioritize tasks but still take some time to read or sit in the sun and do nothing and rest my mind. I find myself bird watching in our reserve, you can easily get lost in time.

Currently I am taking advantage of this summer weather that took forever to get here. I have been enjoying getting out for walks with our new puppy and exploring new places, I'm not a fan of the heat in the middle of the day, we tend to walk in the redwoods or in the late evening, this I sure will miss once daylight savings is no longer here.

Over my holiday break I made it my goal to read more and to encourage my family to do the same. This Christmas we all received new books, one fav that I'm currently reading "Atomic Habits" by James Clear.

Atomic Habits: An Easy & Proven Way to Build Good Habits & Break Bad Ones

This breakthrough book from James Clear is the most comprehensive guide on how to change your habits and get 1% better every day.

Have you made that new year's resolution and not kick started yet or perhaps you have set new goals for the year and need an extra push, if this sounds familiar then this is the book for you.

Don't forget to take advantage of our Rotorua Public Library, they now have an app you can download on your mobile device or tablet, I have been finding this easy to navigate plus you can search books available from the comfort of your home.

Being back at work I found it hard to go from grazing whenever I felt like it to having to organize my meals a little better. I came across this recipe to make frozen breakfasts on the go, fuel your breakfast mornings with this high protein meal idea. Check out page 6 for the recipe.

Age Concern staff have been back now for a few weeks, it was nice to get back into the swing of things, I love seeing our Age Concern members and I felt like I was disconnected over the break.

We have lots of exciting things to plan this year in the hope we can get you socially connected with other members. Our first social connection for the year will be our "Big Day Out". This is a garden meet and greet for new and existing members, volunteers, and clients. A great opportunity to get together and mix and mingle. More details further on in this newsletter, please make sure you register your interest in this event and RSVP asap.

Talking Tech on Tuesdays resumes from April and is held at Parksyde along with Thursday drop in tech assistance for members, held at Age Concern office these have already started back running from February.

Newsletter update

There will be a change to the way we distribute our newsletters.

I know these are important to you and its important to us to get as much information out to you as possible. With the costs in printing and postage it is becoming uneconomical for us to print out copies and post. Not to mention Rotorua's mail gets sent to Hamilton for sorting. "Sigh" I know right just another step before we get our mail delivered and gone are the days of 20c stamps these are now priced at \$2.70 per stamp.

Because of this we have decided to increase the price of posted copies.

New memberships or renewed memberships who would like copies posted will be required to pay extra postage fee.

We encourage members to receive our newsletters by email. If you don't have an email, you can get one set up and use our drop-in tech days to help you, or perhaps you have a friend or family member that would be happy to receive these via email and print them out for you?

We will continue to have printed newsletter copies at Parksyde and of course copies at our Age Concern office, you are welcome to call in and grab a newsletter when passing by.

Current paid up members, do not fear! you will not need to worry about the increase until May 2024.

Newsletters will now be printed quarterly starting from February this year.

I thank you for your understanding and your ongoing support.

Bacon & Egg Muffins

Ingredients

- 3-4 pieces of middle bacon (more if you love bacon)
- 6 eggs
- 6 English muffins
- 6 slices of cheddar cheese
- ½ cup Greek yoghurt
- Salt & Pepper



Instructions

Whisk eggs, yoghurt, salt, and pepper until light and fluffy. Bake for 10 minutes at 180 degrees. Cook bacon on a lined oven tray for approx. 15 mins.

Once the eggs are cooked, cut them into 6 pieces.

Line up your English muffins, add cheese, bacon, and egg mix. Wrap in Foil and freeze.

Pull them out the night before and refrigerate until you are ready to microwave or heat in a sandwich press/machine.

Key Points: Don't skip the yoghurt – this step keeps the eggs from going hard when you heat.



Do you happen to have any cups and saucers or tea pots you would like to purge?

I am collecting these for a project I'm working on for Age Concern and would love to take these off your hands.

You can drop these off at our office or if you have a collection, I am happy to collect.

Diana Walker
Wellness Coordinator



Greetings to all our Age Concern members and we wish you all health and happiness for 2024.

A lot of change can happen in our one year and we remember with much fondness our Rotorua members who have sadly departed from our physical lives during 2023.

Sometimes our lives have been radically changed during the last

year, we have thoughts about “where to from here”, particularly if a loved wife, husband, or partner has departed. At Age Concern we always want you to feel that we are here for you and available to provide information, advice and maybe just someone to talk things over with. My role is to visit our members at home and talk about our social connection opportunities and the informative sessions, such as Karyn’s Safe Driving (to remain driving), Subsidized handyman services, Senior Net to help you with tech, Total Mobility Taxi discounts for people to enable them to get out and about (when they can no longer drive a car) and other useful referrals that we can recommend for housing, legal and retirement options moving forward.

If you feel it would be useful to talk to me about anything please do ring me here at the office, and I can make an appointment to visit you at home at a convenient time . We have paper resources to give out and a good selection of brochures and information, so please call in to say hello and pick up anything useful while you are here.

At Age Concern we know the importance keeping our Brains active and engaged, of belonging and having social contact, getting together with likeminded people for conversation, having a routine to get out of the house in the morning, get dressed up and wear those nice outfits you have stored away in the wardrobe, meet, and make friends and to bring happiness into your life.

Social connection is one of the most important things to have in your life, make each day a happy one, getting out, having a reason for each day, doing new things, and meeting new friends.

“Your life does not get better by chance – it gets better by CHANGE.”

We have an exciting time ahead here at Age Concern for 2024 and I am very much looking forward to continuing in my role as Wellness Connection Organizer.

Kindest Regards Diana.



For Sale \$2950

Invacare Pegasus Metro Mobility Scooter.

Excellent condition and has had very little use. Comes with plenty of accessories. Phone Jude 027 349 1622 or for landline call only in the evenings on 07 3486227

Karyn Rogers

Driving Safe & Volunteer Coordinator



Happy New Year everyone.

I hope you had an awesome Christmas and got to spend some time with friends and family.

I had a great break, and I spent a lot of time trying to catch a Kingi and was unsuccessful but caught a few snapper, not a lot but enough for our dinner.

I am very happy to be back at work, ready to help match some volunteers with some of our clients. If you're thinking about volunteering or know of someone that needs a visitor please reach out and call me at the office.

Staying Safe

If you're going to start the New Year with some driving tips and upskilling to make sure you hold on to your licence a bit longer, please book into one of our courses. You can do this by calling the office. The course is free, and lunch is provided. If you have lost your license, give us a call and we will see if you qualify for a taxi card.



DATE: 1/2/24

Time: 9:30am to 1:00p,

VENUE: St Johns Church, 44 Victoria Street, Rotorua.

Enrolments essential: 07 347-1539

- Had your licence for decades but never refreshed your Road Code knowledge?
- Feeling unsettled because you have a medical coming up to renew your licence?
- Curious about what all these changes to road layout and signs mean?

Come to our FREE classroom –based driving refresher. It's less than an hour for every decade you have held your licence. We promise it is engaging and not boring!

Light lunch included for free.



Katreece
Shopping Service & Out & Abouters Coordinator

*Join me and other Age Concern Members for these fun
"Out and Abouters" trips.*

*Choose your top 2 destinations and we will do our best
to accommodate your needs. Bookings essential.*

\$5 Koha is appreciated to help cover our costs.

***Wednesday 14 February - Valentines on Valentines (Meet 12pm)**

Join our lonely-hearts club for a Valentines Day quiz and a mid-day meal of such gigantic proportions that you won't cook dinner. All you can eat smorgasbord -Seniors - \$30

***Thursday 22nd February - Greerton Village Op Shop Capital of the World (Departs 9.30am)**

With more op shops than you can shake a walking stick at - we are going to shop until we ...stop.

***Wednesday 6th March - NZ Timber Museum - Putaruru (Departs 9.30)**

A hidden gem, set in park-like grounds which include native tree plantings and a picnic area. Local community displays on the history of the Putaruru district. We will go to Nana Lou's café afterward. Museum Admission \$7 per senior

***Wednesday 28th February - Fish n Chip Picnic - Matata (Departs 9.30am)**

Grab a picnic table, take in the sea air and enjoy a crispy, generous feed of fish and chips from Aunties - world famous in Matata. Walk off your belly with a wander through the Matata Lagoon Track.

***Thursday 14th March - Mamaku Blueberry Farm - NEW MEMBERS ONLY (Departs 10am)**

This outing is for new members who'd like to give 'Out and Abouters' a test run. We will take a little sojourn up to Mamaku Blue to indulge in their decadent blueberry products - have a cuppa and a chat and maybe a little nosy around their district museum; where I convince you to come out on more adventures!

***Wednesday 20th March - Te Puna Quarry Park - Te Puna - (Departs 9am)**

Stunningly gorgeous - this old quarry has been transformed into beautiful and interesting gardens. The Park's bush walks are formed with moderately fit people in mind. Good walking shoes are recommended. The main circular track is a 45-minute walk, though there are many paths and walkways to discover. Bring a packed lunch as there is no café onsite - but never fear, we can stop for coffee before our return journey.

***Thursday 28th March - Paradise Valley Wildlife Park - (Departs 10am)**

One for the Animal lovers. A tranquil wander around one of Rotorua's finest tourist attractions. The pathways are generally walker friendly. Admission \$19 per senior with proof of local address. Café onsite.

***Wednesday 3rd April - L'arte Café and Gallery -Taupo - (Departs 9.30)**

Voted Lonely Planet's No 1 café pick for the central North Island - this trendy, arty café comes highly recommended - so we are going there just for lunch! Afterwards, we will have a little wander and check out the Waipahihi Botanical Reserve, which also comes highly recommended.

trips continued.....

***Thursday 11th April - Lakes Tiki-tour and Morning Tea at the buried Village - (Departs 9.30am)**

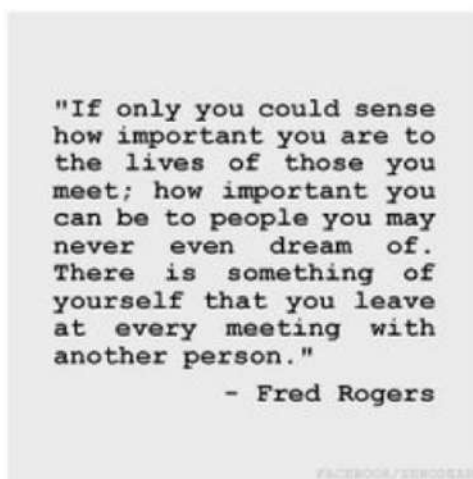
A short, low impact trip for those with limited mobility. We are going to do some window sightseeing and nattering, taking a meandering drive around our local lakes, stopping at the buried village for a scone and a cuppa.

***Wednesday 17th April - The Cider Factorie- Te Puna - (Departs 9.30am)**

Sit back, relax, eat and chat over some delicious fresh food and try an award-winning cider tasting paddle – buy a little something in the gift shop. This experience was recommended some Age Concern Members as a pleasant way to pass the day – so let's give it a go.

***Wednesday 24th - Hamurana Springs Bushwalk - (Departs 10am)**

A chance to do the beautiful Hamurana Bushwalk for a gold coin donation (bring some bread for the ducks!) Afterwards we will pop over the refurbished reserve sizzle some sausages on the BBQ and boil a billy for a cuppa.



Total Mobilty Scheme

Our staff are authorized assessors for Total Mobility

What does this mean for you?

Perhaps you have a disability or suffer from health issues and can no longer jump on a bus.

Or you have no drivers licence anymore.

Applying for a taxi mobility card means you could be eligible for up to 75% off taxi travel within Rotorua.

Do you rely on family and friends for transport? I urge you to apply now.

Your family and friends may not always be available to get you to your health appointments or other places you need to be so get your transport.

It provides:

Electronic cards or vouchers to eligible scheme members that subsidize the normal transport fare by 75% up to a maximum fare (set by the relevant regional council)

Who administers the scheme?

The scheme is managed and operated by regional councils.



Congratulations

Faye! was nominated as
Volunteer for the year.
A Tireless Ambassador for
Age Concern Rotorua
We appreciate all your
efforts.

thank you

Huge Thank you to all our volunteers for your
ongoing support with Age Concern.
A special thanks to Maureen Steen and Trish
Bailey for contributing to our successful
volunteers Christmas lunch.

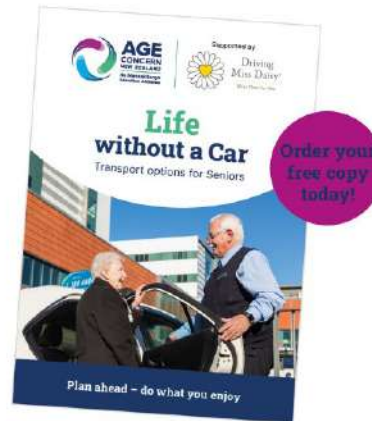


Plan ahead

Keep doing what you enjoy
when you no longer drive.

Age Concern has a new booklet
full of great ways to help you stay
connected in your community.

**Collect your free copy from Age Concern
Rotorua**



Call 0800 65 2 105 | www.ageconcern.org.nz



AGE CONCERN MAINTENANCE SERVICE

**We are pleased to announce that we have a “jack of all trades”
on board with Age Concern.**

What this means for you as a member?

**You will only pay \$20 an hour for our maintenance services and Age Concern will absorb the
remaining of the cost.**

How to qualify?

Own your own home

Are a current member with Age Concern

How to book?

**Give our Age Concern Maintenance Service Coordinator
a call on 07 347 1539.**

We will take your contact details, address and what type of maintenance is required.

**From there our maintenance man will be advised of the job details and make contact with you
directly.**

**Please note this service does not cover gardening, or any form of
cosmetic work as our main aim is to keep people in their home as long as
possible. Health and Safety is our main priority.**

DROP-IN TECH ASSISTANCE

SeniorNet Rotorua will be running drop-in sessions at our Age Concern office.
They will run on Thursdays from 10 am until 12 pm. This is your chance to seek one-to-
one help on any problems you are having using your phone, tablet, or laptop. Friendly

SeniorNet experts will be there to work with you.

Bring your devices with you fully charged and make sure that you have any necessary
passwords. These sessions will run every Thursday until further notice.

(Excludes Thursday 7th March)

We look forward to seeing you.



BIG DAY OUT

Garden Party

MEMBERS/VOLUNTEERS
PLEASE JOIN

Age Concern

FOR SHARED LUNCH- MINGLE WITH MEMBERS AND
VOLUNTEERS

BRING A FRIEND ALONG, SIGN UP FOR NEW MEMBERS

THIS EVENT IS OUTSIDE SO ARRIVE SUNSMART
PLEASE BRING A PLATE

FEB
THURSDAY **29** 11:00AM-1PM

5 TAREWA PLACE, ROTORUA

PLEASE NO PARKING OR DRIVING ON THE GRASS.

RSVP PH:07-3471539





HERITAGE LIFECARE *A Better Everyday*

What is a Care Suite?

A Care Suite at Rotorua's Cantabria Lifecare & Village gives you the best of both worlds – it's your own private, modern living space, complete with integrated rest home care. You'll have access to the healthcare assistance you need; with the flexibility and privacy you're used to.

If you need rest home care, but aren't ready to move into a traditional rest home environment, a Care Suite could be perfect for you.

Our friendly healthcare team is here to support you 24 hours a day, taking care of daily tasks like showering and getting ready for the day, or help with medication administration. Meanwhile, with your own space for visitors and a large communal lounge overlooking the Rotorua Golf Course, you'll be able to enjoy the company of friends and family whenever you like.

Our Care Suites offer you the convenience of a kitchenette, ensuite bathroom and generous living area so all you need to do is add your own special touches, to really make it feel like home.

Let us handle the details, so you can focus on enjoying 'A Better Everyday'.

We'd love to show you how suite life can be in a Care Suite at Cantabria Lifecare & Village.



To arrange a private viewing, contact Vincent on 027 297 4057
or email vincent.john@hll.org.nz | 369 Old Taupo Road, Springfield, Rotorua
www.heritage.co.nz



EAR HEALTH
PROFESSIONAL EAR CARE

The Business Hub
1209 Hinemaru Street
ROTORUA

We are opposite the Government Gardens and behind the Council building.

We provide professional, personalised ear care.

Services offered: Gold Card \$55

- Micro-suction of ear wax and debris.
- Management of ear infections.
- Removal of foreign objects from the ear canal.
- ACC and War Pension approved.
- Rest Home and home visits available.

GARDENING Service

We have an Age Concern Member keen to offer Gardening Services

Negotiable Rates



More information ?
Phone: Jennie Woods 0274358670



5 Ti Street, Rotorua, 3010
Phone: 07 349 5494
Mobile: 027 5494 260

Volunteer your time,

Make coffins that cost less.
Customise your coffin your way.
Ready made coffins available.
Storage available.

Opening Hours
Mon 10-12
Wed 8-1 Club Day
Fri 10-12
or by arrangement.

office@kiwicoffinclub.co.nz
www.kiwicoffinclub.co.nz
www.facebook.com/KiwiCoffinClub

Want to make a difference. Join our friendly team at The Kiwi Coffin Club.

SPREAD A LITTLE SUNSHINE!

If you have time to spare, please consider
volunteering for Age Concern.
We're always looking for people to:

Visit an older person
Assist an older person with grocery shopping

Loneliness and social isolation can affect our physical and mental health.
Visiting an older person can be an enriching experience for all.

Call for a chat or email for more information.
07 347 1539 admin@acrotorua.nz

Rotorua Croquet Club Inc



You can play Golf Croquet in social or competitive games.

Croquet is fun and strategic - gets the mind working.

Excellent exercise in the open air in Government Gardens.

Rotorua residents can have three-free visits

We play Wednesday & Saturday mornings

Want to know more?

Call Carolyn 0211490689

Are you a keen lawn mover or know of someone who does lawns at a good rate? Many of our members and clients are in need for this service at affordable pricing.

Maybe you can recommend someone that is good and reliable to look after our members?

Please call the office and talk with Kirsten

Phone: 07 347 1539 or email

admin@acrotorua.nz

Age Concern Membership Pricing



MEMBERSHIP

Annual – June to June

\$15 Single

\$20 Couple



Email – Free

Paper/Posted \$20 per annum.

*Pays for printing of newsletter 4x Postage

Newsletter Edition One: February, March, April

Newsletter Edition Two: May, June, July

Newsletter Edition Three: August, September, October

Newsletter Edition Four: November, December

**Current as of February 2024

Gifted Pre-Loved
Curtains to Families

Curtainbank

Charitable Trust

Arawa Park Racecourse
curtainbankrotorua@gmail.com

When you donate your pre-loved curtains to the Curtainbank they will be sorted, sized and gifted to families in need, giving their homes thermal protection. As a result of your very generous donation, the families will have healthier, happier homes. Financial contributions towards the cost of maintaining the Curtainbank are also welcome.

Thank you A huge thank you to all our sponsors/ funders

Where from here HE ARA WHAKAMUA
Essential information for older people

2024 Mid North Island

FREE Take me & share me

Know your options
Learn your rights
Take control
Rules on eligibility
Live your life well

Published by **eldernet** GROUP

Get your free copy from Age Concern



MEMBERSHIP FORM

AGE CONCERN ROTORUA

Charities Commission Number CC2693

Date: / /

PERSONAL INFORMATION

Full Name/s

Mr / Mrs D.O.B / /

Mr / Mrs D.O.B / /

Address

City

Post Code:

Email

Phone Number

Landline:

Mobile:

Emergency Contact

Name:

Relationship:

Emergency Contact

Phone:

TYPE OF MEMBERSHIP

*Choose your type of membership

☐ \$15 Single ☐ \$20 Couple ☐ New Membership ☐ Renewing Membership

*Choose how you would like to receive our quarterly newsletters

☐ Post \$20.00 per annum or \$5 per copy ☐ Email - No Extra Charge

☐ I would like to donate \$_____ to support Age Concern services in Rotorua TOTAL _____

*Please select any services that may be of interest

☐ Wellness Visit ☐ Total Mobility ☐ Social Connection ☐ Staying Safe Driving

☐ Van Trips (Out & Abouts) ☐ Free Seminars ☐ Other (please specify) _____

If you wish to pay via internet banking, our account details are: 38-9012-0590627-00

Please use your surname and initials as a reference and email your contact details or form to admin@acrotorua.nz

We can only accept cash payments at our office - Sorry no eftpos or credit card available.

Terms & Conditions

Our membership runs June to June. You must be a current paid member with Age Concern Rotorua to access our services within our region.

Your personal information will not be shared with anyone outside our organisation without your prior consent.

Receipts are issued and donations over \$5.00 are tax deductible.

Office Open: Tue-Thur
9am - 2pm

Age Concern Rotorua: Parksyde House, 5 Tarewa Place (next to Parksyde)
PO Box 1605, Rotorua 3040 Ph: 07 3471539 admin@acrotorua.nz