



**AGE
CONCERN
ROTORUA**
He Manaakitanga
Kaumātua Aotearoa

JULY – SEPTEMBER 2026

Office Hours:
Tuesday - Thursday
9am - 2pm

Phone 07-347 1539
5 Tarewa Place,
Rotorua
Manager
Rory O'Rourke
manager@acrotorua.nz
Administrator
Bethany Gibson
admin@acrotorua.nz

Wellness Coordinator
Diana Walker
wellness@acrotorua.nz

Visiting Service,
Staying Safe and Shopping
Service Coordinator
Karyn Rogers
visiting@acrotorua.nz

Find us on 

What we offer:

Visiting Service:

Trained volunteers visit older people in their homes, providing companionship and support.

Total Mobility Assessments:

We are qualified for assessing those who can no longer drive due to mobility or health issues, this allows for cheaper taxi fares.

Information and Advice: Our experienced staff provide guidance on various topics and if we cannot help you, we will do our best and point you in the right direction.

Free Healthy Aging Seminars: Information free to you on various topics - Parksyde Community Centre

Social Activities: Join us for coffee groups, exercise classes, and other social events designed to keep you connected and engaged.

Out and Abouters' Group: This group offers a range of social outings and activities, designed to keep you connected and engaged with your community.

Chair Yoga- Tuesdays 11am \$4.00 Koha

Mens Cooking Classes: Thursdays 10.30am-11.30pm at the Age Concern Office - limited to six members. We do a range of healthy meals at affordable prices and have some fun!

Walkers with Walkers! meet at 10.30am Tuesdays at the Age Concern office

Gondola Group: 2nd Thursday every month meet at Skyline Gondola, up the top at 12pm. Contact Faye Nathan for more details and to join.

Aqua Jogging: Come aqua jogging with Karyn 9am Friday mornings- call the office to book
Steady as you go -Come join our Balance classes - Tuesdays and Wednesdays at the Hindu Hall- \$2.00 Koha with a cup of tea afterward

Local Lunch: Come and enjoy a lunch with us at Age Concern: Updates are on email and Facebook for menus and venues

Breakfast Club: Regular brunch lunch and coffee meetings on a Friday or Monday mid morning at different local venues

Helping you stay connected

<https://www.ageconcernrotorua.org.nz/>

Ratonga Tekehī

Total Mobility



Kawea i te kuaha-ki-te-kuaha, he utu kua oti te whakamāmā

Subsidised door-to-door transport

The Total Mobility scheme helps people with serious mobility constraints access discounted door-to-door transport through approved providers based in Katikati, Rotorua, Tauranga and Whakatāne.

Eligible scheme members use their Total Mobility card to receive a 75% discount on door-to-door travel up to a maximum of \$37.50 per trip (75% discount on \$50 full fare).

Uru mai ki te kaupapa

Join the scheme

If you would like to apply, please contact one of our approved Total Mobility assessment agencies.

There are assessors in Rotorua, Tauranga and Whakatāne. Visit boprc.govt.nz/accessible-transport for the list of agencies available to use.

Some agencies charge a fee for this service, please check what their assessment or membership fee(s) are.

Who is eligible?

The assessment process identifies whether your mobility constraint means you cannot manage any one or more of these components of a journey:

- Getting to the place from where the transport departs.
- Getting onto the transport.
- Riding securely.
- Getting off the transport.
- Getting to the final destination.



Replacement Total Mobility cards are \$15.00 and for a Total Mobility Assessment out of the office is now \$50.00pp or \$70.00 for couple.
Our in-house office appointments at the Age Concern office remain \$20.00 pp.



THANK YOU

A big thank you to Noelyne Graham who donated her vehicle to Age Concern staff to assist with wellness visits and volunteer coordination- thank you very much Noelyne!



Managers Report

We have struggled a little with the cost of Diesel which has gone beyond the cost of petrol 91. I am pleased to see that it is finally getting back below the \$3 mark and is predicted to get back to normal over the next few weeks. Not only have we had the increased cost, but we have also had to buy RUCs which are not cheap. As a result, we have had to cancel or postpone several Out and Abouters trips as our minivan runs on diesel and has been too expensive to run.

We have managed to turn our finances around this year and catch up with the over budget we had with the Tiny Homes which are now tenanted and beginning to pay back the initial investment. We need to realize that the homes and land will always remain as an investment asset for Age Concern and are appreciating in value as the time goes by.

We have been successful getting Health Promoting Funds from ACNZ which has enabled us to keep our programmes running with little disruption eg. Steady as you go, Just Cook4 Healthy Ageing, Walkers with Walkers, Aqua Jogging, Seminar Series, Talking Tech on Tuesday and a new programme of Seated Yoga.



June events included a joint partnership with Family Focus to draw attention to Elder Abuse. Age Concern Rotorua are one of the only Age Concerns in the country that do not have the MSD contract for Elder Abuse and in Rotorua that is held by Family Focus. We held a Lunchtime BBQ and expo 11.30am-1pm Thursday 18th June 21 Sala Street.

Recently we celebrated Volunteer Week in late June and cannot say enough how much we appreciate our volunteers who are the life blood of our organisation and we appreciate them more than ever with the present climate where everyone is busy and finding time to support others is exceptional. A huge thanks to all of you who volunteer for us or any other organisations.

The State of the Decade of Volunteering Report provides a comprehensive review of volunteering in Aotearoa New Zealand over the past ten years. Drawing on Volunteering New Zealand's flagship State of Volunteering reports from 2015 to 2024, alongside data from the 2023 General Social Survey (March 2025 Update), the report offers an analysis of trends, challenges, and transformations in the volunteering landscape.'

Some findings from the report are:

54.1% of people over 65 volunteer.

The percentage of those who volunteer for an organisation has decreased, while volunteering directly for another person has increased. since 2021.

Organizations report concern about the ageing of their volunteer workforces, and the implications for succession planning.

Kia ora rawa atu, big thanks volunteers!



**AGE
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Age Concern Rotorua would like to celebrate and acknowledge National Volunteer Week 14th from the 20th June 2026! We appreciate the hard work and time spent working in our senior community!



Te Wiki Tūao ā-Motu
National Volunteer Week
#NVW2026 | 14-20 June 2026





**Te Wiki Tūao ā-Motu
National Volunteer Week**

**TŌU TAU KI TE TŪAO
Your Year to Volunteer**
#NVW2026 | 14-20 June 2026

We have been invited to the opening of the new, three storey Kainga Ora apartments on Victoria Street. The developers would like to see as many elderly as possible in the apartments which is very exciting as it is a first to be offering them to elderly. To qualify you need to be registered for emergency housing with MSD, not own your own home or have too many assets as it is based on the equity you have. They are looking forward to marking the completion of the 36 new one- and two-bedroom apartments at 40 Victoria Street on Friday, 19 June at 9.00am, starting with Karakia led by the Ngāti Whakaue Paepae.



This is a special milestone for Kainga Ora as the first three-level social housing development, and it speaks to the strength of the partnerships and shared kaupapa that have brought this project to life.

We have received a grant from We Care Community Trust to pay for the venue hire for our Expo which will go ahead on the 3rd of October 2026.

Trish Bailey a Photographer, has spent the last week taking photographs for the Innovation Fund for our Positive Ageing Photographic Exhibition. The selected photographs will be put onto the existing backboards which have the older photographs on at present. The Head office of Age Concern are looking to update their website and have approached Trish for some extra photographs.

Out and Abouters Trips- July- Sept 2026

These are a mix of longer day trips, with a Koha of \$10 dollars for the van and \$5 Koha for trips closer to home. There will a few new trips coming up for our members over the next few months! We have 9 spots per trip in the van.

Please choose a trip and have a secondary preference please so we can ensure our members can all attend. Contact our Age Concern office to make a booking (essential for numbers and for van spots) and don't miss out on the fun! Book your trip today and get ready to explore, socialise, and create lasting memories with us!

Op Shop

09th July- Op Shop Trip departing 9.30am

16th July Okoiere Hot Springs Hotel Trip



Okoroire Hot Springs Hotel

Lunch Menu – 11am to 3pm

departing 10 am

30th July- Op Shop Trip

Op Shop

Location TBC
departing 9.30am

Putaruru Timber Muesum 23rd July



Museum + TrainWorld

Adults: \$25.00 departing 9am

Gold Card: \$20.00

Entry fee and money for lunch



06th August- Huka Falls

departing 9.30am Lunch at the hub Cafe



13th August- Fish and Chips

Nautilus Restaurant



**departing 10am
Money for Lunch**



**Tirau 20th August- Op Shop Trip
departing 9.30am**



Tauranga



**27th August- The Elms Historic Trip-
departing 9.30am**

10 for van plus entry fee and bring your own lunch



**McLaren Park
03rd September**



**departing 9.30am
money for Lunch**

Tauranga

10th September- Hamilton Gardens departing 9am



\$10.00 Koha for van and lunch money



Enclosed Gardens Entry Only

Explore our Enclosed Gardens where every turn reveals a world of hidden wonders. Under 16s remain free but will still need a ticket for entry. Cardholder and group rates are available.

\$20.00

Te Puke Cider Trip 17th September

\$10 Koha



Money for Cider tastings

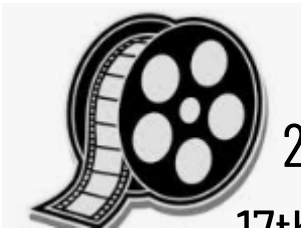


24th September - Flyers Museum

\$12.50 entry fee and money for cafe
departing 9.30am \$10 Koha

MOVIE MOB: TIMES FOR JULY-SEPTEMBER 2026

Times and Movies emailed out a week before or updates via Facebook!



16th July

20th August

17th September



Lunch: Winter Warmers!

Locations and times sent out closer to the dates below and updates will be on Facebook- Register to attend a lunch via email or calling the office!

02nd July Cobb & Co
 24th July Sequoia Eatery
 07th August Citizens Club
 21st August Copthorne
 11th September TBC
 25th September Copthorne



Staying Safe Driving Courses



Staying Safe A REFRESHER COURSE FOR OLDER DRIVERS

There is no exam and runs from 9.:30am to 2:00pm. Lunch and morning tea provided. Make some new friends and receive a certificate for your effort. If you have been on this course before please encourage others to attend.

Introducing Barry Ryan- Chair of the Age Concern Commitee!

For those of you whom I’ve yet to meet from Age Concern: Welcome!

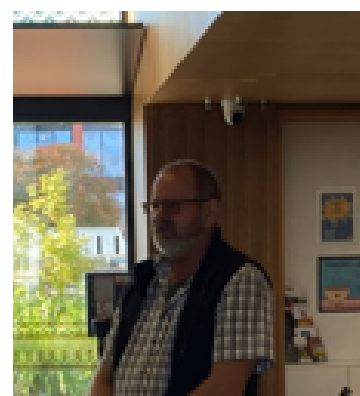
I was previously a member of the Rotorua Outward Bounders, and Chairman of the Rotorua distric of Young Farmers.

Born and bred in Rotorua, upon leaving school following a career in dairy farming around the Bay of Plenty and Taranaki regions. I have also spent time on Kiwifruit orchards in Nelson.

Following an accident on a quad bike, I made a career change into Mill work at Mount Maunganui, moving on from this to Te Puke at the Timbermill for 20 years, also spending time in Kawerau until meeting my wife and deciding to move back to Rotorua.

My interests include gardening and landscaping, and my wife and I live and work closely with the senior community at Cantabria.

I have an active interest working with the elderly. Wendy and I have been members of Age Concern for five years, and the last two years I have been part of the AC Commitee and Chairman,



If you want a challenge and to be a part of a vibrant social scene please join us at Age Concern!

Age Concern and Senionet! Sharing our knowledge!

Winter Issue

Unlock the Potential of Technology! Friendly, stress-free Tech for Seniors



Feeling overwhelmed by your smartphone, tablet, or laptop?

You're not alone! At SeniorNet Rotorua, there are no "silly questions."

We are a volunteer-run community, dedicated to helping you bridge the digital divide.

How We Can Help You?

FREE Drop-In Assistance
Need a quick fix? Bring your laptop, smartphone, or tablet for one-on-one help.

When: Every Monday, 9:00 AM-noon
Where: Community Meeting Room, Ground Floor, Rotorua Library
Note: Open to the public. Donations are appreciated.

Regular Programs

"Talking Tech" & Workshops We host regular series like "Make Technology Your Friend" at Parksyde, covering everything from basic setup to advanced apps.

Social & Membership

Monthly Member Meetings
Join us on the **second Monday** of each month at **2:00 PM** at Parksyde. Enjoy a guest presenter followed by afternoon tea at the Parksyde Café!

Get in touch

Phone: 022 687 9299
Email: rotorua@senionet.nz
Website: rotorua.senionet.nz
Location: Parksyde Community Centre, 7 Tarewa Place, Rotorua



senionet
Confidently connecting
with technology

SENIOR NET Rotorua are at the Age Concern office Monthly on the 4th Tuesday between 9.30 and 11.30am.

Bring your own phone or laptop for advice around any problems you have, and they will teach you new and exciting things your devices can do. This can be One On One so please make a booking if you would like to take advantage of this fabulous offer.

UPCOMING 2026 SEMINARS FOR HEALTHY AGING-

SEMINARS FOR HEALTHY AGING



Age Concern and Parksyde have once again teamed up to deliver FREE seminars for Rotorua's over 55s - designed to inform and assist healthy aging



Where?

Parksyde Community Centre 9 Tarewa Place

2026 Seminars

When?

Monday 16 Mar	Wills & Enduring Power of Attorney
Monday 20 April	Health and Disability Advocacy
Monday 18 May	Heart Foundation
Monday 15 June	Scam Awareness
Monday 29 June	Wills & Enduring Power of Attorney
Monday 20 July	What can Rotorua Library offer you
Monday 17 Aug	Prepare for emergencies and neighbourhood support
Monday 31 Aug	What help is available in your home and how to access the help
Monday 21 Sep	All you want to know about Funerals
Monday 19 Oct	St Johns Community Support & Alarms
Monday 16 Nov	How to prevent and get up from Falls

Time & Cost?

10:00am to 11:30am Seminar (must register)	FREE
11:30am Morning tea in Parksyde Café	\$5

Registration? MUST REGISTER

Drop in or phone Parksyde between 9am and 3pm weekdays on 348 9892

Updated 19/03/26

COME TO THE POSITIVE AGING EXPO 03RD OCTOBER!



POSITIVE AGEING EXPO

03rd October 2026 9.30am-2.30pm

Parksyde Community Centre

We would love you to stop by!

Parksyde café will be open

Stall holders include:

ROTORUA EYE CLINIC



resonate.



How much do you know about moving into Rest Home care and the role of the EPOA and/or Welfare Guardian?

Heritage Lifecare Cantabria have offered to host a **free information session** to explain the transition process of moving a family member or friend into care and who pays for what when this move is made.

Sometimes this happens suddenly, and the person may require you to help with this process, even if they have mental capacity but not physical capacity. Someone may need to be a Guarantor.

What does this mean? If the person is applying for a Residential Care Subsidy, then who will complete the forms and collect all the financial records required for the application form?

Who pays until this has been approved? The person or their family do.

1. Typical Weekly Costs (2025/2026)

2. Standard Room: Rates usually align with the government-set Maximum Contribution, ranging from roughly \$1,460 to over \$1,535 per week depending on the region.

Premium Room/Extra Charges: Many facilities charge extra (\$10–\$85+ per day) for premium rooms with better views, larger spaces, or ensuites.

AN OVERVIEW OF TASKS

STEP 1. COMPLETE THE RESIDENTIAL CARE SUBSIDY (RCS) APPLICATION FORM (SUPPLIED BY YOUR NEEDS ASSESSOR).

TO DO THIS YOU WILL NEED TO COLLECT FINANCIAL RECORDS OF ASSETS AND INCOME.

A. ON QUESTION 12 – TICK ‘YES’ TO REDIRECT A PORTION OF YOUR NZ SUPERANNUATION TO YOUR CARE HOME (IF THE SUBSIDY IS GRANTED).

PLEASE NOTE: ALL RECIPIENTS OF THE RESIDENTIAL CARE SUBSIDY ARE REQUIRED TO CONTRIBUTE TOWARDS THE COSTS OF THEIR CARE FROM THEIR SUPERANNUATION.

B. UNTIL A SUBSIDY IS CONFIRMED IN WRITING TO YOUR REST HOME, YOU’LL STILL NEED TO PAY THE FULL COSTS OF YOUR CARE FROM YOUR PRIVATE/SUPERANNUATION FUNDS.

WE ENCOURAGE YOU TO SPEAK WITH YOUR CARE HOME GENERAL MANAGER FOR MORE INFORMATION ABOUT PAYMENT OPTIONS.

STEP 2. TAKE YOUR FORM TO THE LOCAL WINZ OFFICE AS SOON AS POSSIBLE AND WITHIN 90 DAYS OF ADMISSION TO YOUR CARE HOME. PLEASE ALSO KEEP A COPY FOR YOUR OWN RECORDS.

HERITAGE LIFECARE CANTABRIA HAVE OFFERED TO HOST A **FREE INFORMATION SESSION IN THE COMING COUPLE OF MONTHS TO EXPLAIN THE TRANSITION PROCESS OF MOVING A LOVED ONE INTO THEIR CARE.** THEY CAN ALSO ANSWER YOUR QUESTIONS ABOUT VILLA OWNERSHIP, CARE SUITES AND HOW IT ALL WORKS.

PLEASE LET AGE CONCERN DIANA KNOW IF THIS IS OF INTEREST TO OUR MEMBERS AND IF YOU WOULD LIKE TO ATTEND TO ASK QUESTIONS AND LEARN THE FACTS.

THEN WHEN WE GET AN IDEA OF INTEREST THEN WE WILL SCHEDULE AND ORGANISE A MORNING TEA HOSTED AT HERITAGE LIFECARE CANTABRIA IN THE NEXT MONTH OR TWO.

Join us!



Membership Pricing

Single \$20.00

Couple \$25.00

Postage \$20.00 (Covers 4 issues)

We encourage you to receive our newsletters via email, these copies are free!

Copies are available to collect at our office and a few copies are available at Parksyde Community Centre.

To access our services, trips and events you must have a current membership. Should you be unable to email us your membership details feel free to give us a call and we can take these details over the phone.

We accept cash, Eftpos including Credit Card and Internet banking.

You will find our banking details on the Membership form located at the back of this newsletter.

When you join or renew your Age Concern membership, it will be valid **for 12 months from the date of payment**, regardless of the time of year. Thank you for your continued support.





**Hato Hone
St John**



Rotorua Health Shuttle

The St John Health Shuttle is based in Rotorua and supports the wider communities.

We transport people to and from their health-related appointments.

Our service is here for all, and the cost is a koha (donation).

For more information or to make a booking please contact us:

0800 824 3258 or email wakaora@stjohn.org.nz

Hato Hone St John's vision:
Enhanced health and wellbeing for all
Ko te mana ora ōrite

Your independence is everything. Let's protect it.

With a St John Medical Alarm help is never far away.

Whether you're at home or out and about, you get the peace of mind knowing around the clock care is at your fingertips. Discover the confidence and independence a St John Medical Alarm can bring.

To arrange a free trial talk to your doctor or nurse, or call us on 0800 50 23 23.

For more information visit stjohnalarms.nz





**Hato Hone
St John**



Kiwi Coffin Club
Charitable Trust
Kiwi Kawhena Karapu Whakawhirinaki Kaiāhaki ROTORUA

Volunteer your time,
Make coffins that cost less.
Customise your coffin your way.
Ready made coffins available.
Storage available.

office@kiwicoffinclub.co.nz
www.kiwicoffinclub.co.nz
www.facebook.com/KiwiCoffinClub

5 Ti Street, Rotorua, 3010
Phone: 07 349 5494

Opening Hours
Mon 10-12
Wed 8-1 Club Day
Fri 10-12
or by arrangement.

Want to make a difference. Join our friendly team at The Kiwi Coffin Club.

Where from here

HE ARA WHAKAMUA

Essential information for older people



eldernet
where good decisions start



FREE
Take me & share me

The Eldernet Group is New Zealand's most trusted provider of information for older people and their support networks.

Our aim is to empower older kiwis to make decisions that are right for them, by allowing them to access a wealth of information for free via our suite of online services and our hardcopy **Where from here He ara whakamua** handbook.

As we are entirely independent, the information we offer is unbiased and impartial.

www.eldernet.co.nz



good bitches
BAKING

Do you know a keen baker who'd love to make a difference? Encourage them to connect with Good Bitches baking. Contact them at <https://gbb.org.nz/> to learn more about this wonderful initiative. Thank you again, GBB, for spreading love and kindness through your delicious baking!



Rotorua Multicultural Council Inc

Objectives:

1. To support migrants and international students while they settle in Rotorua.
2. To provide migrants and international students with opportunities to celebrate their cultures.
3. To increase the understanding of the local community of the contributions that migrants and international students make to the Rotorua District.
4. To build relationships between Māori and migrants and to develop the understanding of migrants of Te Tiriti o Waitangi.

Physical Address: The Rotorua Arts Village, 1240 Hinemaru Street, Rotorua 3010

Mobile: 021 741 664

Email: exec.rmc@gmail.com

Facebook

Website



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House Keeping- Talia

0220426198

BARRY RYAN:
LAWN MOWING
SERVICES
021 1381568

GARDENING AND HANDYMAN SERVICES

JENNIE WOODS: 0274368670 : TIDY UP SECTION JOBS

RICHARD GIBSON: LAWNMOWER, HANDYMAN, GARDENS ETC 0274236867

LAWNMOWING 02102557803

GORDON HAMILTON : HANDYMAN SERVICES 02108677912

ALLY:- GARDENING SERVICES- 0277667827



THANK YOU FOR SUPPORTING US!



Great with numbers.
Even better with people.



Our Elder Abuse Response Service (EARS) addresses the immediate safety needs of older people experiencing or at risk of experiencing abuse and neglect. The service is for people 65 years and over.

How can the service help me?

If you are an older person and you are being abused or mistreated we can:

- Act as an advocate
- Work closely with you and your family/whānau to prevent or resolve issues of abuse
- Provide information and assistance with legal matters to support your safety and well-being
- Help you put together a safety plan
- Link you to essential resources and services within the community
- Help protect you if you are vulnerable and ensure that your best interests are observed
- Counsel you if you need support and assistance
- Provide appropriate options and support to ensure you are safe and your physical and emotional needs are being met

Elder Abuse Response Contacts: Febe Camacho



07 346 2096



febe.camacho@familyfocus.org.nz



MEMBERSHIP FORM

AGE CONCERN ROTORUA

Charities Commission Number CC2693

Date: / /

PERSONAL INFORMATION

Full Name/s

Mr / Mrs	D.O.B	/	/
Mr / Mrs	D.O.B	/	/

Address	
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City		Post Code:	
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Email	
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Phone Number	Landline:		Mobile:	
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Emergency Contact	Name:		Relationship:	
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Emergency Contact	Phone:	
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TYPE OF MEMBERSHIP

*Choose your type of membership

☐ \$20 Single	☐ \$25 Couple	☐ New Membership	☐ Renewing Membership
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*Choose how you would like to receive our quarterly newsletters

☐ Post \$20.00	☐ Email
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☐ I would like to donate \$_____to support Age Concern services in Rotorua	TOTAL _____
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*Please select any services that may be of interest

☐ Wellness Visit	☐ Total Mobility	☐ Social Connection	☐ Staying Safe Driving
☐ Van Trips (Out & Abouters)	☐ Free Seminars	☐ Become a Volunteer	☐ Exercise Classes

If you wish to pay via internet banking, our account details are: 38-9012-0590627-00

Please use your surname and initials as a reference and email your contact details or form to admin@acrotorua.nz

CASH, EFTPOS & CREDIT CARDS WELCOME -SORRY NO PAYWAVE

Terms & Conditions

Our membership runs June to June. You must be a current paid member with Age Concern Rotorua to access our services within our region. By filling this form you are giving Age Concern consent to add personal information onto our data base. This private information will not be shared with anyone outside our organisation with out your prior consent. Receipts are issued and donations over \$5.00 are tax deductible.